

Crazy Cat Lady Photography
Maternity Session
Preparation Guide





"The whole family is very happy with the professional quality o the photos and total experience of the session. There are so many great photos to choose from!"

Chris L



Congratulations!

A new addition to your family is on their way, and I could not be happier for you! No matter if it's your first pregnancy, or you have a little team already, we should celebrate all the same.

Even though our tiny model is not here yet, their journey has already started and we are here to capture those first months.

I created this guide to give you a glimpse into what to expect from your shoot, what will happen on the day and make you excited about the session ahead!





Hi there!

I'm Kim Hillock, the photographer behind the lens of Crazy Cat Lady Photography.

Whether it's a referral from a good friend, Facebook or Instagram that brought you here, I am so, so happy you made this decision to join the Crazy Cat Lady Photography family.

I feel honored to be a small part of your story and hope I get to photograph your little one's journey for years to come.

... a bit about me and the studio



I have been where you are in pregnancy 3 times in fact, and what I want for you. Is to enjoy these moments, & feel beautiful. Spend this time to focus on just you. Before you have to focus on your baby.

Your pregnancy will be a whirlwind of emotions: from love, through overwhelm, complete exhaustion and gratitude. You have a lot on, whilst trying to enjoy and absorb each and every moment and getting your life and home ready for your baby's arrival.

This is why I created this guide, so that all the prep information is in one place, together with some tips and tricks for a great, stress-free and fun photoshoot!





"This is the most extraordinary thing about motherhood - finding a piece of yourself separate and apart that all the same you could not live without."

- Jodi Picoult

foreword



Maternity photography is a relatively new concept in commercial studios. Looking back at pregnancy depicted in art, we would be surprised to realise that it's not a subject covered by many mainstream artists either.

In 1963, French sociologist Pierre Bourdieu conducted a research amongst 693 French subjects and the result was clear: the great majority of people believed that a photo of a pregnant woman could not, by definition, be beautiful.

In traditional cultures, fertility was celebrated by depicting women of voluptuous shapes, exaggerated hips and breasts, but it was rarely focused on the actual process of pregnancy itself.

Whether is a session just for you relax and pamper yourself, or you would like a couples session. I am here to help plan wardrobe, setting and posing during the portrait session.



We put together this guide to help you prepare for your maternity session and hope you enjoy every moment in the process of creation!

*I look forward discussing your maternity session with you
very soon!*

All the best,

Kimberly Hillock

Crazy Cat Lady Photography

